A PASS (Parent & School Seminar) Workshop
presented by the Oceanside School District & Oceanside Professional Development Center

P2P Pressure for Parents/Educators

This important presentation, which is appropriate for parents, guardians and educators, deals with the critically important issues surrounding peer pressure and its' influence on the decisions children make with respect to drug and alcohol use. Many adolescents are engaging in behaviors that put their health and safety at risk and it is important that we recognize and address the issues before a tragedy occurs.

Topics included in this presentation are:

- Signs that your child is being bullied or pressured to participate in illegal/unhealthy activities
- How to help your child stand up to peer pressure
- Over-the-counter drugs and prescriptions and the role they play as "gateway drugs"
- Steps to take to keep the lines of communication open between you and your child
- Steps to take if you find out that your child has become involved in drugs and/or alcohol
- The role technology plays in peer pressure and bullying activities

This workshop will be presented by Johanna Mathieson, M.S. Ed., SAS, SDA, Director of Safety Education for Big Brothers Big Sisters of Long Island.

Johanna Mathieson joined Big Brothers Big Sisters of Long Island in 2007, bringing over 25 years of experience as an educator and administrator. As the Director of two alternative high school programs for at-risk youth, she has had the opportunity to experience, first-hand, many of the difficulties, dangers and obstacles facing young people today. She applies her background knowledge to the research and development of curricula and programs that are cutting edge and relevant to the needs of educators, parents and students.

When: **Tuesday, October 20, 2009**
7:30 P.M.

Where: **High School Library**

Any Questions? Contact Brigitte Misitano @ 678-0115 or email **alwaysdriving4@msn.com**